

## Le Spa – Day packages

A haven of beauty, elegance and endless care...

### > Discovery day : 120 €

Access to the facilities (fitness, sauna, steam room, jacuzzi, sensorial shower, ice fountain, relaxation room, counter-current indoor swimming pool),  
Access to the tea bar,  
Access to the Spa private gardens and pavilions

### > Tonic day : 145 €

Access to the facilities (fitness, sauna, steam room, jacuzzi, sensorial shower, ice fountain, relaxation room, counter-current indoor swimming pool),  
Access to the tea bar,  
Access to the Spa private gardens and pavilions  
Personal Training session (60 min)

### > Cocooning day : 185 €

Access to the facilities (fitness, sauna, steam room, jacuzzi, sensorial shower, ice fountain, relaxation room, counter-current swimming pool),  
Access to the tea bar,  
Access to the Spa private gardens and pavilions  
1 « Hydrojet » treatment (balneotherapy) with chromotherapy system (20 min),  
1 Massage (60 min)

### > Relaxation day : 328 €

Personal Training session (60 min)  
Access to the facilities (fitness, sauna, steam room, jacuzzi, sensorial shower, ice fountain, relaxation room, counter-current swimming pool),  
Two courses lunch in our new restaurant « la Veranda »  
1 « Hydrojet » treatment (balneotherapy) with chromotherapy system (20 min),  
1 Massage (60 min)

